



Azerbaijan Technical University

Report on SDG-3

Baku 2023

Healthy lifestyle and prosperity

Summary.

In this report, one of the main priorities of Azerbaijan Technical University (AzTU) is representation in international arenas in various directions, having physically and morally healthy, educated, progressive and strong youth who can think independently.

Introduction.

Azerbaijan Technical University realizes the importance of having a student policy as the main component of its strategy. Our university is responsible for ensuring their development and consideration of education and educational process not depending on their age level, religious and racial affiliation. In addition to creating access to knowledge and skills, the university organizes the development of a healthy lifestyle for all its activities.

Events

Healthy lifestyle of students:

1. A Blood campaign was organized in AzTu by the Student Youth Organization of Azerbaijan Technical University and Azerbaijan Blood Donation Development Center. The goal is to increase the blood supply for people and children suffering from hemophilia and thalassemia treatment.

<https://www.aztu.edu.az/az/news/aztu-da-qanverme-aksiyasi-kecirilib-8001>

2. Together with the Azerbaijan Technical University, the Thalassemia Center and the Blood Bank, educational event called "Let's be healthy" was carried out. The main directions of the Azerbaijan Blood Donation Development Center are to closely develop in the field of blood donation with state administrations and private sectors, as well as to serve to strengthen the promotion of blood donation among young people.

<https://www.aztu.edu.az/az/news/aztu-da-saglam-olaq-donor-olaq-adli-tedbir-kecirilib-7918>

Students' physical activity and sports competitions:

1. A spartakia dedicated to the "The year of Shusha" and Victory Day was organized by the Student Trade Union of Azerbaijan Technical University. In addition to the students' quality of education and the protection of their health is also in the center of attention.

<https://www.aztu.edu.az/az/news/aztu-da-susa-ili-ve-zefer-gunune-hesr-olunan-spartakiadanin-baglanis-merasimi-kecirilib-7934>

2. The Faculty of Azerbaijan University held sports competitions dedicated to the International Day of Physical Education. The main purpose of the competitions is to stay away from harmful habits and lead an active lifestyle, as one of the main factors of sports for human health and moral and psychological preparation.

<https://www.aztu.edu.az/az/news/aztu-da-fakultelerarasi-idman-yarislarina-yekun-vurulub-8119>

Carrying out preventive work in this direction with measures to combat cases of infection with carrier viruses and measures:

1. Republican AIDS Center of the Health Department carried out screening and educational activities at the Azerbaijan Technical University within the framework of the "European HIV Testing Week in Azerbaijan". action to prevent damage to human immunodeficiency virus, which is a serious threat to human health, to inform him about a healthy lifestyle.

<https://www.aztu.edu.az/az/news/aztu-telebeleri-qics-le-mubarize-haqqinda-melumatlandirilib-8005>
[z/az/news/ali-mekteb-ve-kollecler-arasinda-kecirilen-idman-turnirinin-qalibleri-mukafatlandirilib-8185](https://www.aztu.edu.az/az/news/ali-mekteb-ve-kollecler-arasinda-kecirilen-idman-turnirinin-qalibleri-mukafatlandirilib-8185)

Measures to improve the moral and psychological state of students:

1. A training on "The role of psychology in personal development" was held at Azerbaijan Technical University. The importance of motivation in the personal development of young

people, the daily acquisition of new knowledge, the formation of their development and the role of the factor of development of their development is of particular importance.

<https://www.aztu.edu.az/az/news/aztu-da-sexsi-inkisafda-psixologiyenin-rolu-movzusunda-telim-kecirilib-8382>

Organization and initial establishment of medical treatment for researches of Azerbaijan Technical University:

1. A student polyclinic operates within the Azerbaijan Technical University. The main task of the polyclinic is primary diagnosis and prevention of surgery, promotion of a healthy lifestyle. In this regard, AzTU cooperates extensively with the Ministry of Health of the Republic of Azerbaijan and TABIB (Administration of Regional Medical Departments).

The result :

- 1.Regularly taking measures related to changing the lifestyle of students, increasing the level of physical activity (sports competitions, drug addiction, the effects of tobacco, alcohol and other psychoactive substances, prevention of infectious and non-infectious diseases, healthy nutrition) and behavior development is executed successfully.
- 2.Attention is paid to the formation of politeness and behavior, social responsibility, empathy and maturity, and equal relations in the students of the university.
- 3.In our university, despite the personnel training in health care, the specialization "Healthcare quality and risk management" has been opened in the "Management" specialty of the master's level. Currently, 50 students are studying in this specialty and our first gradulators are being formed this year

